

Women in Neurosurgery
Spring 2026 Newsletter



Chair's Message

Dear colleagues and friends,

Spring should be a reset and a refresh. We should embrace new energy, new ideas, and our motivation to push the field of Neurosurgery forward. Across operating rooms, research programs, and leadership tables, the impact of women in neurosurgery continues to grow—driven by individuals who not only excel in their fields but actively create pathways for others to follow.

In this issue, we're highlighting Dr. Odette Harris and Dr. Martina Stippler. Both have built impressive careers, but just as importantly, they have helped shape the culture around them through leadership, mentorship, and a clear commitment to the next generation. As we move into a new season, their stories remind us that progress is not accidental. It is built through deliberate effort, community, and the willingness to lead forward.

We also want to recognize those in our community who are stepping into new roles at the end of spring. Congratulations to all the medical students who matched in Neurosurgery! Congratulations to all the residents who will transition to a more senior level! We're excited to see all of you grow in the field of Neurosurgery, and we're excited to see what you will do in the future. The future of WINS is bright, especially as this May, the WINS presidency will transition to Kimberly Kicielski, MD. I look forward to seeing her lead this organization! It has been an honor to serve as your chair this past year.

Laura Snyder, MD

Chair, AANS/CNS Joint Section of Women in Neurosurgery
Professor of Neurosurgery
Barrow Neurological Institute, Phoenix, AZ



Community Updates

Attendings

WINS EXECUTIVE LEADERSHIP



President:
Laura Snyder, MD
Barrow Neurological
Institute, Phoenix, AZ



President-elect:
Kimberly Price
Kicielinski, MD
Medical University of
South Carolina,
Charleston, SC



Secretary:
Rupa Juthani, MD
Neurosurgeons of New
Jersey, NYU Langone,
New York, NY



Secretary:
Rushna P. Ali, MD
Mayo Clinic,
Rochester, MN



Member-at-Large:
Corinna Zygourakis, MD
Stanford Medicine,
Palo Alto, CA



Member-at-Large:
Angela M. Richardson,
MD, PhD
Indiana University,
Indianapolis, IN

Spotlight on



A Celebration of Success

- Congratulations to **Dr. Rupa Juthani** for selection as one of the 2026 Castle Connolly Top Doctors!
- Congratulations to **Dr. Susan Chang** for receiving the 2025 Lisa DeAngelis Award for Excellence in Neuro-Oncology Education!
- Congratulations to **Dr. Julie G. Pilitsis** for selection for the North American Neuromodulation Society's Distinguished Service Award!

Woman of the Month



Dr. Suguna Pappu, MD, PhD

Dr. Pappu is a Clinical Associate Professor at Carle Illinois College of Medicine. She finds her most rewarding moments are in teaching her patients, residents, and students. She is active in curriculum development and works to integrate engineering research into medicine. Notably, she is working to develop metrics to assess gait impairment preoperatively and measure postoperative improvement. She acknowledges the challenges in finding balance within neurosurgery, the importance of mutual respect and camaraderie within the profession, and the need for trainees to give themselves grace throughout training.

Community Updates

Fellows - Residents

TRAINEE TUESDAY

Check out what our trainees are saying about their residency experience below!



Dr. Annabelle Shaffer, PGY-1

Dr. Brittany Owusu-Adjei is a PGY-1 at Henry Ford. Her clinical interests are still developing, but she is particularly interested in functional and neurotrauma. Her research interests are centered on TBI. She encourages medical student applicants to focus on culture of each residency program. When not caring for patients, she spends her time caring for her extensive collection (over 50!) of house plants!



Dr. Bethany Andrews, PGY-6

Dr. Bethany Andrews is a PGY-6 at University of North Carolina and has clinical interests in pediatric neurosurgery and global health. Her research is focused on postnatal outcomes in patients with prenatally-repaired myelomeningocele. She encourages young neurosurgeons to never lose sight of the privilege it is to care for patients at their most vulnerable. Outside of the hospital she enjoys Pure Barre exercise classes!



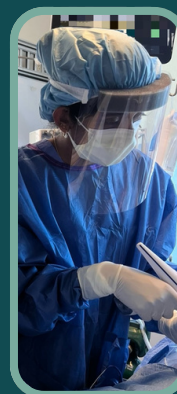
Dr. Jessica Y. Chen, PGY-2

Dr. Jessica Y. Chen is a PGY-2 at Medstar Georgetown University Hospital. Her clinical interests include neurotrauma, neuro-oncology, and peripheral nerves. In her research, she aims to understand how tumors arise in humans and how these processes can be replicated in the laboratory environment with animal and non-animal models. She encourages new trainees to stay true to their own values, because these values will change neurosurgery!

Congratulations Corner

- Congratulations to Dr. Julia Pazniokas for receiving the Hydrocephalus Association Award for Resident Research at the Pediatric Section Annual Meeting!
- Congratulations to Dr. Shivani Baisiwala for receiving the Clinical Science Award for Resident Research at the 71st Annual Western Neurosurgical Society Meeting!

SCRUBBED OUT



Our WINS Residents continue to pay it forward in engaging discussions with motivated medical students in monthly "Scrubbed Out" virtual chats. Curious attendees can have their questions answered in a low-stress, honest environment!

Community Updates

Medical Students

Medical Student Initiatives

Out WINS Medical Student Committee has been busy this past season! See the other facets of neurosurgery that we covered through our virtual events!

On January 6th, we held “**First Research Projects: Getting Started and Finding Opportunities**” with Drs. Rachel Moor, Adeesya Gausper, Annie Pico, and Nikki Barrington. Each guided students in how to maximize research productivity and impact in medical school.

“**Navigating Neurosurgery: Family Planning**” with Drs. Neena I. Marupudi, Randaline Barnett, and Jovanna Tracz was held January 20th. Our attendees learned how to take on the challenges of balancing personal and professional life.

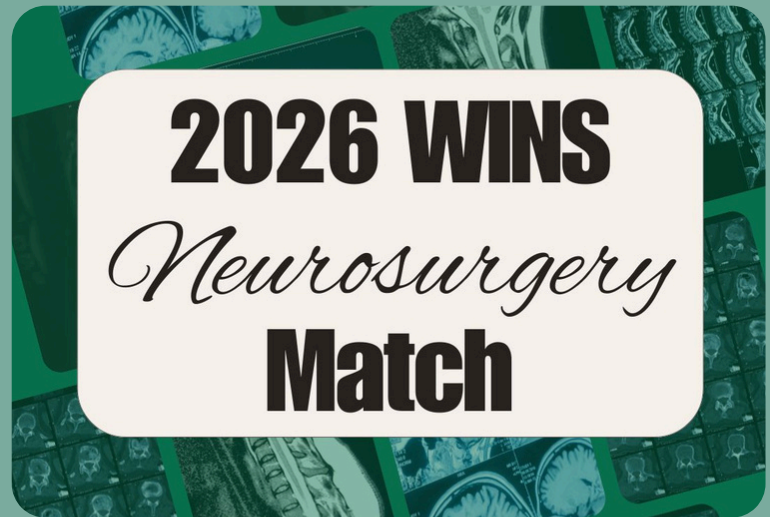
“**Global Neurosurgery**” with Dr. Amparo Saenz was held on January 31st. She shared her unique training journey and experience across health systems and provided insight into care in resource-limited settings.

“**Continuing Projects: Research Productivity on Wards**” was held on February 24th with Dr. Arushi Tripathy and medical students Shikha Singh and Angela Tang-Tan. They shared how to maintain high research output while balancing clerkships.

“**Celebrating Diversity: Black History Month**” was held on February 26th in collaboration with ASBN. Drs. Odette Harris and Kathryn Hoes shared their accomplishments and perspectives on diversity within neurosurgery.

“**Research Communication: Sharing Discovery with Broad Audiences**” was held on March 12th. Drs. Ann Parr and David Paul provided listeners valuable insight into how to craft a strong research presentation.

“**The Power of Many: Building the Future of Neurosurgery Together Symposium, the 2nd Annual Collaborative Symposium organized by WINS, ASBN, NSPA, and LiNS**” was held on March 28th and was an event that championed research, representation, and community. We thank all of our speakers and panelists!



Congratulations to our members who participated in the 2026 Match! See our next issue to see where they are heading for the next 7 years!

Neurogenesis Leadership Program

We welcome our new spring 2026 cohort: 3rd year medical students **Alyssa Cubero**, **Eesha Gurav**, and **Alexa Lauinger**! We look forward to seeing how they use this opportunity to build the leadership, neurosurgical exposure, & hands-on skills to prepare neurosurgery residency! With our collaborating institutions, they were able to hold valuable virtual events for their fellow peers in medical school.



Clairice Pearce, MS3
WINS MSC Newsletter Coordinator

Reyna Escalante, OMS3
WINS MSC Newsletter Editor

Thanks to all who participated!

CNS President



Dr. Martina Stippeler

Vice-Chief, Division of Neurosurgery
Director of Neurotrauma, Beth Israel Deaconess Medical Center
Associate Professor of Neurosurgery, Harvard Medical School
President, Congress of Neurological Surgeons

We are honored to feature Dr. Martina Stippeler, the first woman to serve as president of the Congress of Neurological Surgeons (CNS).

Read on as she reflects on her journey into neurosurgery, the challenges she encountered along the way, and her vision for a more inclusive and dynamic future for the specialty.

As President of the Congress of Neurological Surgeons, what do you see as the most important priorities for the organization over the next few years?

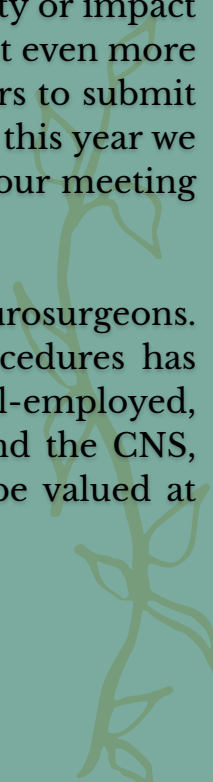
Innovation, education and connection define the Congress of Neurological Surgeons, and they shape our priorities. We're committed to serving all neurosurgeons— no matter which stage of your career you are at— the CNS is here to support and inspire you, to advance neurosurgery through innovation and research, and to keep you up-to-date on current medical trends and developments.

We are working hard to create a space for connection between our members; connection matters. I love this quote from actor and producer Matthew McConaughey: "Sometimes we don't need advice. Sometimes we just need to hear we aren't the only one." When we feel that, we grow and get inspired. Last year we had 1,000 volunteers teaching and presenting at the annual meeting— that is the energy and diverse engagement from throughout the profession we want to continue.

Innovation is everywhere in our specialty, and we help neurosurgeons stay up to date on new technologies, techniques, and treatments, empowering you to offer the best treatment to your patients. One of the priorities for the CNS over the next years will be how AI will shape patient care and our profession. One part of the equation is to develop education offerings that look at how to navigate and engage with AI the other part is do be at the fore front of policy advocacy and research in the AI realm.

CNS is the recognized leader in neurosurgical education, and our breadth of high-quality educational programs result in more informed members and better patient care. We have to make continuing medical education engaging, rewarding— even fun, leaning into active teaching— moving away from lectures-heavy formats that don't provide the quality or impact we really need. This been a focus of mine for many years and we are leaning into it even more this years and the years to come. For the past three years, we have asked members to submit proposals for the CNS Annual Meeting, and the response has been tremendous— this year we received more than 130 proposals! That level of engagement adds real depth to our meeting and demonstrates that the CNS is an organization built by and for its members.

Another important aspect the CNS will continue to stand for is advocacy for neurosurgeons. Over the past decade, inflation-adjusted reimbursement for neurosurgical procedures has declined by nearly 23%. Seventy percent of neurosurgeons are now hospital-employed, compared to 30% some ten years ago. We have lost leverage and autonomy, and the CNS, through the Washington Committee, will continue to advocate that our work be valued at what it is worth.



How has your perspective on leadership in neurosurgery evolved over the course of your career? What leadership qualities do you believe are most important?

We all know that women are faced with a double-bind. It's easy to be labeled bossy and unlikable, or too quiet, nice, and timid. Those tired stereotypes can prevent women from being considered for leadership positions. I think at this point in my career I feel much more comfortable sharing my opinion, especially when it differs from others around the table. I also stopped worrying about whether I am enough or fit in. I think this comes with age, where you finally begin feel that you don't have anything more to prove. And I would recommend to every woman reading this: if you are not there yet, ask yourself when you make decisions—What would I do if I had nothing to prove?

As for leadership qualities: first, you need to lead from the front. Don't ask others to do what you are not willing to do yourself. Lead by example. Second, be curious, especially if you encounter pushback or conflict. Try to learn what the issues are and understand where others are coming from.

How can national organizations like the CNS most effectively support the career development of women neurosurgeons?

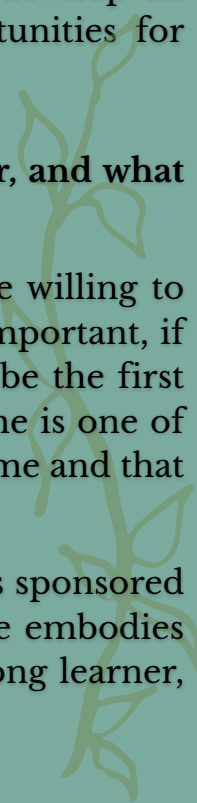
I am really proud that CNS leadership now looks so different from when I started. It was so important for us to have diverse voices on the board, and this reflects the work we are doing. Through the Leadership Institute, the CNS has actively prepared many women to take on leadership roles within their institutions. Additionally, through CNS Foundation grants, we support leadership training nationally and globally.

A tangible example of what the CNS offers any woman who wants to advance her career is that we have an open-door policy for volunteers. Explore our volunteer opportunities on the website (<https://www.cns.org/about/volunteer>). And whether you are looking to develop an academic career or a private practice career, the CNS has training and opportunities for everyone.

Can you share an example of a mentor who had a lasting impact on your career, and what you learned from them?

I have been fortunate throughout my career to have people around me who were willing to mentor and sponsor me. We often talk about mentors, but sponsors are equally important, if not more so. Two people stand out to me. One is Dr. Gail Rosseau, and she will be the first female honored guest. We will recognize her at the 2026 CNS Annual Meeting. She is one of the kindest and most generous people I have ever known. She made me feel welcome and that I truly belonged in neurosurgery. I want to be that person for other people as well.

The other person who has had a profound impact on me is Dr. Elad Levy, who has sponsored and mentored me since I was his junior resident at UPMC when he was chief. He embodies grit and determination combined with humility and generosity. He is also a lifelong learner, and this is what I find most inspiring.



What excites you most about the future of neurosurgery, particularly for the next generation of surgeons?

The next generation of neurosurgeons have an exciting future ahead of them, especially navigating the AI revolution and how it will transform our field. When I look at my residents, I see such earnest excitement about neurosurgery and such dedication to hard work— doing the right thing for the patient despite how inefficient or unreasonable the system can be.

I appreciate this energy, and I know our specialty will be all right as long as we can attract these types of people and keep them. And this is the important part! Neurosurgery is a marathon not a sprint.

We will explore all these aspects of the evolution of the profession at the 2026 CNS Annual Meeting, and I invite you to join me for these important conversations.

Looking back, what advice would you give your younger self at the start of neurosurgical training?

I would say to myself "You've got this!" I worked harder than anybody else. I felt that as a woman in my residency, I had to prove myself over and over every day. This made me a good surgeon, but it also created an inner voice that was very unforgiving and harsh. Even to this day, rest is a huge shame trigger for me. I'm working on this now with varying success.

What message would you like to share with women considering a career in neurosurgery today?

First, do it. Don't let worries about too much work or the desire to have a family or children deter you from your dream. Second, choosing the partner you will marry and go through life with is the most important career decision you will make. What I mean by this is you need someone who has your back, understands what a career in neurosurgery looks like and what it means for them, and who will celebrate your successes and be there for the highs and lows.

I love my job and consider it a privilege to operate on my patients and help them through their crises. But I have also set boundaries: how many patients I see in clinic, not having meetings between 6 and 8 p.m. or before 7:30 a.m. It took a lot of courage to set and defend these boundaries. When I became Secretary of the CNS, I went to the team and told them that now that I was an officer, I would like to ask that we not have meetings between 6 and 8 p.m. since this is the only time I get to see my kids. I was so nervous and anxious to put up this boundary because I worried it would be interpreted as a lack of commitment or laziness. The response I got was "absolutely, no problem, we are happy to accommodate you." It turned out that officers before me had asked for such accommodation too, but I never knew, so I had been holding back.

So, for all neurosurgeons, men and women alike: carve out your space. There will always be more work, and you will never catch up, so make time for the things that matter to you now and defend this time.

AANS 2026 Preview

We hope you will join WINS in San Antonio, TX for the 2026 AANS Annual Meeting!
We have a jam-packed week of events; all attendings, fellows, residents, and medical students of all genders are welcome!

Saturday, May 2nd

AANS/CNS Section on Women in Neurosurgery Breakfast

San Antonio Marriott Rivercenter on the River Walk (HQ Hotel): Room Salon CD
Saturday, May 2 | 7:00 – 8:15 am

Louise Eisenhardt Lecture: Hailey Mullican, JD

Vice President, Legal Affairs and Chief Legal Officer of UTSA

Henry B. Gonzalez Convention Center: Exhibit Hall 1

Saturday, May 2, 2026 | 10:29-10:43 am

Women In Neurosurgery Executive Committee Meeting

Henry B. Gonzalez Convention Center: Room 221A

Saturday, May 2, 2026 | 12:15-1:45 pm

Women In Neurosurgery Reception

San Antonio Marriott Rivercenter on the River Walk (HQ Hotel): Room Pearl 1-2

Saturday, May 2, 2026 | 7:30 – 8:30 pm

Scan this QR code to learn about the WINS events at
AANS 2026, view the WINS website, and more:



WINS Legacy Interview

Dr. Odette Harris

Professor of Neurosurgery, Stanford University School of Medicine
Endowed Professor of Spinal Cord Injury Medicine, Paralyzed Veterans of America
Vice Chair, Department of Neurosurgery
Director, Brain Injury

How would you describe your journey in neurosurgery?

What can I compare this journey to? We don't have any comparisons! I would say I have a fairly traditional path in the sense that I went to a competitive high school and Ivy League college and did well in those places. I moved to Stanford for medical school and residency and later completed the Van Wagenen Fellowship. I transitioned to Emory, then returned to Stanford as faculty. In terms of the things that were significant and different, I am a Caribbean immigrant, a black person, and a woman. These factors have colored my journey for better or worse. There were several moments that made me feel like I was the "first and only". This took some reckoning with and raised awareness of my external dissimilarities. But, my journey was overall peppered with positivity. It really took a village to get where I am today and make me who I am. I had a great family upbringing, high school, college, and medical school mentors... I don't think people just wake up and walk into neurosurgery. People are nurturing that dream and process.



Throughout the course of your career, what are some of the accomplishments you are most proud of?

If you were to look at my resume and see my accomplishments, you would miss the many unrecorded things that I value the most. Professionally, the joy in the work we do is a given. Beyond that, I feel my greatest accomplishment is when the people I work with most closely value me and what I do. I remember when I returned from time off and a resident came back and hugged me! Awards are great, but at the end of the day, nothing is better than when residents value what you say, your teaching, and your input.

Personally, I have 2 daughters that are hilarious, and neither wants to go into neurosurgery. I love to see how they see the world, their joy, and their own potential. They lean into the world with impact. They are challenging and engaging (I have a husband like that too). I love to see what they have that I didn't have [as an immigrant]. They are way bolder and have a world of endless possibilities.

As a trailblazing woman in neurosurgery, what are some of the challenges you faced? How did you overcome them?

When I entered neurosurgery, my mentor told me there were a lot of unspoken rules and no one tells you how to follow them. Nobody tells you what to do! Additionally, there were lots of systemic challenges. I think back and acknowledge that others likely leaned into biases. I faced things I didn't know I was facing. I remember a junior attending from two decades ago. He told me someone was 'concerned' about me regarding this absurd thing, and he was wondering if it was true. And it wasn't true. That ability to correct then allowed this person to then defend me and add my perspective. I realized people may have really biased opinions of you, whether it's due to your race, age, or sex, and that informs the way they talk about you and treat you. When someone tells you, 'I need you to do X,' that feedback is easier to deal with. Maybe it's 'I need you to publish this many papers a year'. It's more the unforeseen biases that pepper our field that are challenging. We have racial biases that tell you, 'hey, as a black person, I don't think you can do this.' And they hold that, but only in a non-black room of people. One time, I was operating with a colleague. I made a mistake. Their response was, 'you always do that'. My response was, 'this is my first time operating with you.' And we looked at each other, and we both knew that they had formed an opinion of me and a biased perception of me before even knowing me.

Sometimes people in meetings tell me 'you're so articulate, you're so smart.' 30-40% of my patients will Google me and say 'oh you went to a good school' or 'I needed to make sure you were smart.' I'm not sure how to respond to that. These experiences showed me we need to be aware these biases exist and figure out how to work within that context to change. Here at Stanford, we are working to reshape the world entirely, populating people in the field who are more outside of the box. We started a Neuroscience Journal Club and internship for high school students in 2019 as part of a greater effort to introduce girls and under-represented minorities to careers in neuroscience and neurosurgery. We can reimagine and redefine what our field is like through our neurosurgery department. If we are on Zoom with 800 kids and show them leaders who look just like them, we can populate and reshape how people think about our field.

What does the "Spirit of WINS" mean to you? How have you embodied that throughout your career?

Community, partnership, advocacy, leadership. When I came in and saw these amazing women, they were not just looking out for themselves! They were making sure the rest of us felt "whole". They were keeping us on track through sponsorship and advocacy. WINS is enriching. It's like being home for the holidays, and there is joy and nourishment when you are around people who share certain factors of your life. There is community. There is a sense of comfort and familiarity. It is centering. And it goes beyond these things! WINS is instrumental in creating a pipeline into academic and organized neurosurgery. We have chairs of neurosurgery that are WINS members! At the last reception I went to, I saw older and young women, all searching for like-mindedness, mentorship... Being in that space underscored the power of WINS.

What are your aspirations for the future of WINS and the field of neurosurgery as a whole?

Initially WINS was a siloed group that was mainly focused on women. Now I see a group that is for women and for neurosurgery. I see and feel that. I hope that spirit and intent continues. WINS is grounded in advocacy, and I don't want us to think WINS does not need to exist. I think our colleagues should recognize the power of us all rising together. WINS being powerful makes a neurosurgeon's role better for patients. It makes them better advocates and better surgeons for the community. WINS strengthens and serves the future. Neurosurgery is such a varied specialty. We need to lean into what everyone brings to the table. I have a vision for my field of trauma: that neurosurgical education takes leadership more seriously. Communities, board rooms, all sorts of people turn to us for guidance, and we train residents and just kind of hope they have these qualities. I don't think this is something residents should just have to figure it out on their own. Our field and academics are changing. We need to invest time and attention to these pieces and provide our residents a skillset in how to lead in kind, humane, and inclusive ways. We need to make sure when we put our residents out into the world that we have taught the skills of leading with mind and heart. I benefitted from leaders who taught that. We can see CNS Leadership Institute is trying to do this for the specialty!

What words of wisdom would you like to share with WINS members?

There is a pull to conform in neurosurgery. I understand that; there is power to that. But, there are ways to excel and never lose sight of your uniqueness and what you have to offer. Hold on to that. Early in my journey, I never outright said, “I’m an immigrant!” You put your head down. I remember when I was pregnant, I didn’t tell people that either. But we should appreciate and celebrate our differences and how they contribute to a greater context of excellence. Your identity and profession are not at odds.

What is your most cherished WINS memory?

I remember the first time I went to a meeting, and Karin Muraszko said hello to me and gave me a hug. I thought it was so cool! I mean, it was Karin Muraszko! Which brings me back to the fact that I really celebrate small things. A day is filled with a thousand little pieces, and when someone recognizes you, that is powerful.

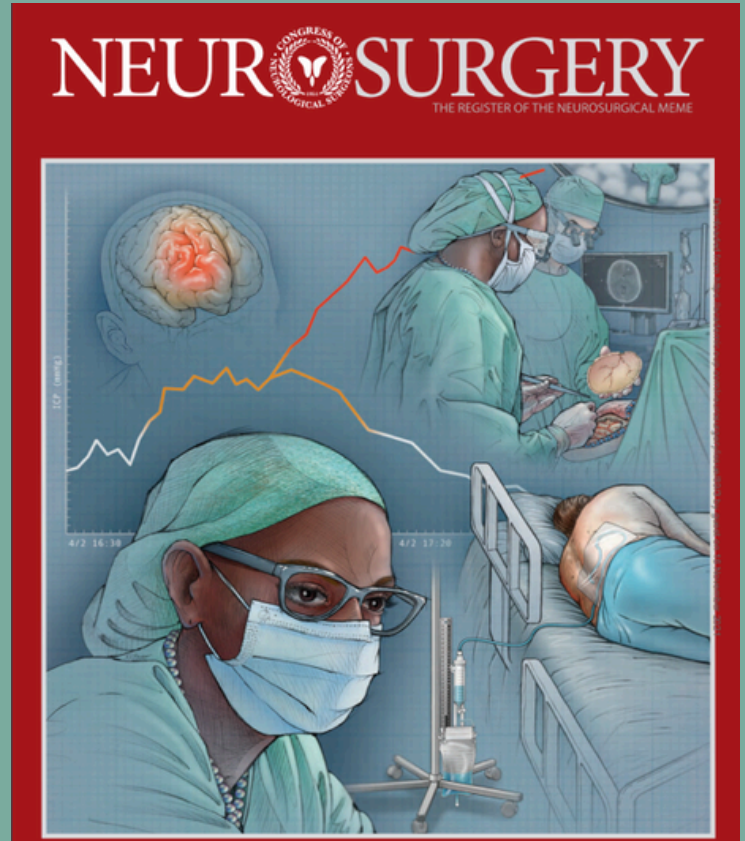
What does receiving the Women in Neurosurgery Trailblazer Award mean to you personally?

It was a life moment. As I said before, awards are amazing; but, it matters more to me what they represent. When I entered the field, I was an iconoclast. I felt like I stuck out in most rooms. And when I talk about community and the power of community, receiving the award from the community I hold so deeply... It feels more important than awards outside of WINS. WINS is an intimate community. It’s about knowing me. It’s the difference between work being recognized by your family versus your neighborhood. It was a recognition of my work coming from a community that nurtured me and suddenly they were celebrating me. It made me feel 10/10!

How do you hope your work has changed the field of neurosurgery?

In academics, you have the tripartite: education/mentorship, research, and clinical. I hope my work changes each of those. I hope what I teach to our residents propagates into what they teach in their own careers. I hope in the clinical realm, what I learn and disseminate is valued in the field. My work has impact. The feeling is humbling. I have a research question, and I can take that question deep. It’s a challenge to continue to ask those questions. I have this platform to find and make changes that are better for patients, residents, the field— I am so grateful for all these opportunities to do that. I can’t believe I have this career. It’s just so random! I mean, they’re letting me perform neurosurgery! It’s insane.

Gratitude is incredibly powerful. I live in a state of gratitude. Not a day goes by that I don’t think, ‘wow, I get to do this!’ Isn’t this amazing? I am honored to know my questions, my path, my perspective have in some way benefited others. What greater accomplishment can one ask for?



Dr. Harris, thank you for sharing your journey and inspiring the next generation!



Pathways to **SUCCESS**



Clinical Pearls and Day-In-The-Life Tips for Budding Neurosurgeons



Dr. Doris Wang

University of California - San Francisco

Dr. Wang is an Associate Professor at University of California - San Francisco. She is fellowship-trained in stereotactic and functional neurosurgery. Outside of the lab and work, she enjoys spending time with human and dog babies, finding good waves with her husband, and attempting to catch up on sleep.

OR Leadership: Anticipation, Preparation, and Calm Under Pressure

In the operating room, good outcomes rarely happen by chance. They are the product of deliberate preparation, thoughtful anticipation, and steady leadership. Before every case, I spend time studying the patient's anatomy and mentally walking through the operation step by step. I ask myself not only how the case should go, but what could go wrong at each stage, and what my contingency plan will be if it does.

This preparation begins well before the patient enters the room. Setting up the OR, confirming equipment, thinking through positioning, and aligning the team on the plan ahead of time are essential. It is always worth taking the extra few minutes to set yourself up for success rather than rushing and managing problems as they arise.

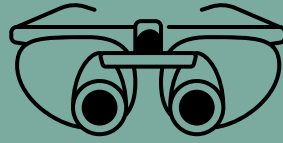
In many ways, the surgeon is like the captain of an airplane. The entire team, anesthesia, nursing, trainees, and most importantly the patient, depends on your preparation, judgment, and composure. Your demeanor sets the tone for the room. Being methodical, calm, and collected is not just a personality trait; it is a clinical skill that directly impacts safety and performance.

Complications are an inherent part of surgery, and they do not always announce themselves ahead of time. When the unexpected happens, the ability to stay flexible, think quickly, and adapt your plan is critical. Often, the difference between a complication that is controlled and one that spirals is how rapidly you recognize it and how calmly you respond.

During residency, I found it invaluable to take notes not only on surgical steps, but on OR setup, positioning nuances, and how seasoned attendings responded to complications. Over time, this becomes a mental library of practical pearls you can draw upon when you face similar situations yourself. Finally, leadership also means knowing when to ask for help. There is strength in calling on a colleague's experience or pausing to reassess when something does not feel right. Excellent surgeons are not defined by the absence of complications, but by how well they anticipate, manage, and learn from them.

Preparation, anticipation, composure, and humility: these are the quiet foundations of surgical success.

Stay in the Loupe



Read the latest update on WINS social media initiatives and events

#WINSxResearchMonday

Check out the latest studies featured on #WINSxResearchMonday to see what's new in neurosurgical training!

“The rising bibliometric profile of global neurosurgery” by Mensah et al. shows rising output in publication diversity themes and increased low-to-middle income and high-income shared leadership, indicating the growing recognition and development of global neurosurgery. In “Defusing the Neurosurgery Arms Race: A Blueprint for Quality-Focused Residency Selection” by Hilvert et al, proposes solutions like quality-weighted scoring to address the neurosurgery publication race that rewards output over impact. Because AI disclosure is becoming part of academic neurosurgery, “The use of Artificial Intelligence in neurosurgical manuscript writing: Journal specific policies and their implementation” by Carlson et al. examines top neurosurgical journals’ AI-writing policies and found disclosure of AI use did not impact citation metrics.

Are you conducting research related to diversity, health equity, and novel science in neurosurgery? Share your work with our team by adding #WINSxResearchMonday to your posts!

Upcoming WINS Events:

stryker

Save the date

Senior Resident Course in Open Skull Base Surgery
April 10-11, 2026

Location
IRCAD | Charlotte, NC

Course description
This hands-on program will focus on advanced open skull base approaches through cadaveric dissection, expert faculty mentorship, and case-based learning.

Attendees
Neurosurgery PGY4+ WINS resident members

Hosted by Stryker, in partnership with WINS.

Contact
Meghan Goddard | meghan.goddard@stryker.com
203.366.7879

- **Residents:** Save the date for our upcoming “Senior Resident Course in Open Skull Base Surgery” on April 10-11, 2026. This event is hosted by Stryker in collaboration with WINS. Don’t miss it!
- **Medical Students:** Keep your eyes peeled for our post-match panels! We look forward to celebrating and hearing from our own WINS members as they share their successes in this past Match!

Are you passionate about representation in neurosurgery? Would you like to stay connected with the WINS community? Become a member of WINS! Attendings, fellows, residents, and medical students can follow these instructions to become an official member of the WINS roster:



